



## Southwark Park Sport and Physical Activity Opportunities

- Athletics track - Booking at <https://southwarkleisure.co.uk/>
- Astro-Turf Cricket – Email [SouthwarkLeisureInfo@southwark.gov.uk](mailto:SouthwarkLeisureInfo@southwark.gov.uk)
- 3 Football Pitch - Booking required (Link above)
- Cricket Nets
- 4 Tennis Courts - Booking at [www.southwark.gov.uk/tennis](http://www.southwark.gov.uk/tennis)
- Outdoor Gym Equipment

Love Your Park  
#ActiveSouthwark

For more details, please contact [sports@southwark.gov.uk](mailto:sports@southwark.gov.uk)

Organisation	Session Description	Information	Target Group
Parkrun	Free weekly 5k timed run.	Every Saturday at 9:00am	Adults
London City Athletics Club	Athletics Coaching/ Training for all abilities at Southwark Athletics Centre.	Various times throughout the week	Adults & Juniors
Southwark Park Cricket Club	Friendly Cricket Matches for all abilities	Sunday	Adults
Last Man Stands Cricket	Inner City Cricket League (In season)	Mon–Thurs 6pm–8:30pm	Adults – Mixed Gender

There are also a variety of other sporting and physical activity activities that take place throughout the week throughout the park.

