## **Southwark Public Health invites you to:**

## Health and Wellbeing at Work

## Free half-day workshop



## Come and find out:

- How to support staff adopt healthier behaviours at work
- Evaluation of health and wellbeing activities and programmes
- Creating audience-led health and wellbeing programmes

When: 9.30am until 1.30pm on Tuesday 19 June

Where: London South Bank University, Elephant and Castle

Places are limited so please book by 8 June.

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