

Resources for researching

Mental Health and Wellbeing

At Southwark Local History
Library and Archive



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Southwark Local History Library and Archive
211 Borough High Street, London SE1 1JA
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HOW TO ACCESS MATERIAL

This booklet contains a list of subjects with corresponding reference numbers that relate to Mental Health and Wellbeing which are held in the archive. Most of the reading material for this subject is held in the book, press cuttings and pamphlet box collections. Use the reference number for the subject to find the material within the resources.

Other reading material worth researching are the Local Authority records, e.g. vestry and council minutes, which will hold information on decisions made about people who were sick, asylums, hospitals and workhouses. Other resources worth looking at are the Periodicals collections, e.g. Southwark Association for Mental Health from the 1970s and 80s. We do not hold hospital records. You can make a request for these via <http://data.gov.uk> (search 'Hospital Records' page). On that page there is a link to the data showing a list of all the hospitals and their corresponding archive repository. The London Metropolitan Archives hold many of the records relating to Southwark's old hospitals.

Mental health terminology

Although the terminology around mental health has changed you need to consider the following terminology that was historically used, when researching this subject:

Hospitals for people with mental illness - variously called lunatic asylums, hospitals for the mentally unstable/insane/lepers.

People with mental illness - variously called lunatic, idiotic, insane, mad, maladjusted, mischievous, mentally handicapped, emotionally disturbed.



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MENTAL HEALTH**REF. 616.8**

<u>Acupressure (Shiatsu)</u>	Ref. 615.89
<u>Aikido</u>	Ref. 796.8156
<u>Alcoholism</u>	Ref. 616.861
<u>Almshouses</u>	Ref. 361.2
<u>Artists</u>	Ref. 706.9
<u>Art: paintings</u>	Ref. 750
<u>Asylums, Lunatic</u>	Ref: 362.3
<u>Asylums for female orphans</u>	Ref. 362.73
<u>Autism</u>	Ref. 618.928982
<u>Asylums for 'Deaf and Dumb'</u>	Ref. 371.912
<u>Barnadoes' Homes</u>	Ref. 362.73
<u>Benevolent societies</u>	Ref. 334.7
<u>Bermondsey Distress Committee</u>	Ref. 331.137
<u>Bermondsey Medical Mission</u>	Ref. 361.1
<u>Bethlem Hospital</u>	Ref. 362.3
<u>Board of Guardians (parishes)</u>	Ref. 362.5
<u>Borough Medical Schools</u>	Ref. 610.71
<u>British Red Cross Society</u>	Ref. 361.5
<u>Carers</u>	Ref. 360
<u>Camberwell House</u>	Ref. 362.3
<u>Camberwell Old People's Welfare Association</u>	Ref. 362.6
<u>Camberwell Fresh Air and Help Society</u>	Ref. 362.7

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<u>Chemists/Manufacturing</u>	<u>Ref. 615/661</u>
<u>Child welfare</u>	<u>Ref. 362.7</u>
<u>Children with disabilities: welfare</u>	<u>Ref. 362.7</u>
<u>Children's Homes</u>	<u>Ref. 362.73</u>
<u>Community Centres</u>	<u>Ref. 366.6</u>
<u>Community Health Councils</u>	<u>Ref. 614</u>
<u>Dances/dancing</u>	<u>Ref. 793.3</u>
<u>Days centres (mental illness) A-Z</u>	<u>Ref. 362.3</u>
<u>'Deaf and dumb' asylums</u>	<u>Ref. 371.912</u>
<u>Dispensaries</u>	<u>Ref. 361.1</u>
<u>Drug abuse</u>	<u>Ref. 616.86</u>
<u>Educational psychology</u>	<u>Ref. 370.15</u>
<u>Exhibitions, health</u>	<u>Ref. 614</u>
<u>Fairby Grange</u>	<u>Ref. 362.16</u>
<u>Family Crisis Centre</u>	<u>Ref. 362.82</u>
<u>Family Welfare Association</u>	<u>Ref. 361.8</u>
<u>Friendship links</u>	<u>Ref. 352.9</u>
<u>Gardens/botanical/gardeners</u>	<u>Ref. 635</u>
<u>Gardens/pleasure</u>	<u>Ref. 725.76</u>
<u>Health promotion/authorities/commissions</u>	<u>Ref. 614</u>
<u>Herbalists</u>	<u>Ref. 615.521</u>
<u>Homes for people with mental illness</u>	<u>Ref. 362.3</u>
<u>Hospices</u>	<u>Ref. 362.175</u>
<u>Hospitals</u>	<u>Ref. 362.1</u>



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<u>Institute of Psychiatry</u>	<u>Ref. 362.3</u>
<u>Judo/Karate</u>	<u>Ref. 796.815</u>
<u>Leisure Centres</u>	<u>Ref. 796.0</u>
<u>Literary societies</u>	<u>Ref. 806</u>
<u>Maudsley Hospital</u>	<u>Ref. 362.3</u>
<u>Medical missions</u>	<u>Ref. 361.1</u>
<u>Medical Officers of Health: reports – see Public health</u>	
<u>Mother and baby clinics</u>	<u>Ref. 361.1</u>
<u>Music – various</u>	<u>Ref. 780-784</u>
<u>Noise</u>	<u>Ref. 614.7</u>
<u>Nursing homes</u>	<u>Ref. 362.14</u>
<u>Open spaces/parks</u>	<u>Ref. 712.5</u>
<u>Pioneer/Peckham Health Centre</u>	<u>Ref. 613</u>
<u>Playing fields</u>	<u>Ref. 712.5</u>
<u>Pleasure gardens</u>	<u>Ref. 725.76</u>
<u>Poor law</u>	<u>Ref. 362.5</u>
<u>Prejudice</u>	<u>Ref. 303.385</u>
<u>Primary healthcare</u>	<u>Ref. 614</u>
<u>Prisons</u>	<u>Ref. 365.3</u>
<u>Psychiatric services</u>	<u>Ref. 362.3</u>
<u>Public assistance</u>	<u>Ref. 361.05</u>
<u>Public health</u>	<u>Ref: 614</u>
<u>Recreation centres</u>	<u>Ref. 796.06</u>
<u>Salvation Army</u>	<u>Ref. 267.15</u>



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<u>Schools for the maladjusted</u>	<u>Ref. 371.93</u>
<u>Schools, special, for emotionally disturbed</u>	<u>Ref. 371.94</u>
<u>Schools, special, for mentally handicapped</u>	<u>Ref. 371.92</u>
<u>Settlements</u>	<u>Ref. 360.76</u>
<u>Society of Friends</u>	<u>Ref. 298.6</u>
<u>Social services</u>	<u>Ref. 360</u>
<u>Social centres</u>	<u>Ref. 366.6</u>
<u>Southwark Association for Mental Health</u>	<u>Ref. 362.3</u>
<u>Southwark Distress Committee</u>	<u>Ref. 331.137</u>
<u>Swimming baths</u>	<u>Ref. 613.47</u>
<u>Sports</u>	<u>Ref. 796.06</u>
<u>Suicide</u>	<u>Ref. 364.1522</u>
<u>Temperance</u>	<u>Ref. 178</u>
<u>Victim support schemes</u>	<u>Ref. 364</u>
<u>Welfare, social</u>	<u>Ref. 360</u>
<u>Wildlife</u>	<u>Ref. 570</u>
<u>Workhouses</u>	<u>Ref. 362.51</u>



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The following are items found by the Patrons of The Dragon Café's run by **Mental Fight Club** who visited the Local History Library every Monday throughout June and July 2019 to research mental health and wellbeing:

PC = press cuttings, P = pamphlets collection, number only = book

The Story of Peckham House –

Villa Street Medical Centre, Walworth	Ref. PC 616.269
Newington Workhouse/Lodge Alfred Fiest and Robert Hogg	Ref. P362.51
The Story of Peckham House by Derek Kinrade	Ref. P362.3
Medical Relief Arrangements (25/05/1913)	Ref. P362.51
'One in a Hundred: A community Based Mental handicap project' by Paul White	Ref. P362.3
Camberwell Register and Camberwell Psychiatric Services	Ref. P362.3
A Comprehensive Service for Mentally Handicapped People: a consultative document by King's Health District	Ref. P362.3
Poor Law Workhouses 1: St Mary Newington – Medical Committee Minutes (1845-54) P.11 descriptions of 2 women 'lunatic paupers' with descriptions of their 'diagnoses' and behaviours, P.11-14, 28th May 1846	Ref. P362.5034
Scenes from Bedlam (book) by David Russell	Ref. 362.3BET
Medieval English Hospitals	Ref. P362.1 St Thom
Leper Hospitals	Ref. P362
The Story of Baldwins and Herbal Remedies	Ref. P615.521



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Proceedings at Laying the first stone of the new buildings at Bethlem Hospital on Thursday, the 26th Day of July with Historical notes and illustrations, and official documents by Peter Laurie, 1838

Ref. 362.3

SELON poor law name indexes

A range of name indexes have been produced from original poor law records held here at Southwark and at the Surrey History Centre in Woking (please see page 8 for their contact details). These include records of workhouse inmates, settlement examinations, affiliation orders and minutes of meetings.

The fullest surviving Poor Law records relate to the parishes of St Mary Newington, and St George the Martyr. Some of our original material is currently unavailable. Please contact us for more information on accessing these items.

Records of the local Boards of Guardians, which were formed in 1834, are mostly deposited in the London Metropolitan Archives, as are the earlier Poor Law records of some parishes.

Council records

The following may be requested and consulted in the reading room:

- Full minutes of the Metropolitan Borough of Southwark 1900 – 1965
- Full minutes of the Metropolitan Borough of Bermondsey 1900 – 1965
- Full minutes of the Metropolitan Borough of Camberwell 1900 – 1965
- Full minutes of the London Borough of Southwark 1965 – 1990
- Vestry minutes of the Parish of Saint Saviour 1855 – 1900
- Vestry minutes of the Parish of Saint George the Martyr 1855 – 1900

Visit us:

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- Monday and Thursday 10am-7pm
- Tuesday and Friday 10am-5pm
- Saturday 10am-3pm
- Wednesday and Sunday closed



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