





Going into and out of hospital

	<p>If you need transport to get to and from hospital you may be able to use the patients transport service.</p>
	<p>If you are leaving hospital you may get support from Adult Social Care.</p>
	<p>If your hospital visit is less than 3 days, the Urgent Response Team may give you support to go home.</p>
	<p>If your hospital visit is more than 3 days and you or the ward staff feel you may have care and support needs</p>
	<p>you can ask for help from Southwark's Hospital Discharge Team</p>
	<p>The team will help you to return home if it is possible.</p> <p>They may suggest that you:</p>



- Use the [Rehabilitation and reablement service to help you become](#) more independent.



- Get an assessment of your needs under the Care Act 2014.



To find out how to get support, go to our [Can we help with your care and support needs? page](#)



How to complain

If you want to complain about your hospital treatment you can contact:



- [King's Patient Advice and Liaison Service \(PALS\)](#)
- [Guy's and St Thomas' PALS](#)
- [South London and Maudsley PALS](#)



<https://www.pohwer.net/nhs-complaints-advocacy>